



3. Describe or draw your most ideal partner:

4. What are “red flags” that signal you to be on guard in relationships?

5.

Ways You Annoy Them	Ways They Annoy You

6.

Ways You Delight Them	Ways They Delight You

7. What is one thing they could do to be better for you?

8. What is one thing you could do to be better for them?

9.

Your Ideal Living Arrangement	Your Ideal Home

10. List your ten most important relationship needs. Then, go back through and mark how satisfied that need currently is by shading in the bar.

1 _____	<input type="checkbox"/>
2 _____	<input type="checkbox"/>
3 _____	<input type="checkbox"/>
4 _____	<input type="checkbox"/>
5 _____	<input type="checkbox"/>
6 _____	<input type="checkbox"/>
7 _____	<input type="checkbox"/>
8 _____	<input type="checkbox"/>
9 _____	<input type="checkbox"/>
10 _____	<input type="checkbox"/>

11. How would it be for you if you were to break up now?

12. If you just met now, would you date?

13.

Kids or No Kids?	When?	How?

**14. Your ideal relationship structure**

No Kink	Exclusive Kink	Kink Play with Others
Egalitarian	Limited D/s	Total Authority Exchange
Aromantic	Monogamous	Polyamorous
Asexual	Monosexual	Polysexual

**15. List your top ten life goals**

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_
- 7 \_\_\_\_\_
- 8 \_\_\_\_\_
- 9 \_\_\_\_\_
- 10 \_\_\_\_\_

<b>16.</b>	<b>Your Ideal Work Arrangement</b>	<b>Your Ideal Hobbies</b>

<b>17.</b>	<b>The Hardest Thing About This Relationship For You</b>	<b>The Biggest Joy in This Relationship For You</b>

18.

Relationship Pros	Relationship Cons

19. Please describe your ideal relationship ending

20.

How do you feel met in the relationships?	How do you feel not met in the relationship?

21. If you have D/s as part of your relationship structure, what areas of your life do you want to either control or be controlled?